

PSP/ Volunteering

Role	Volunteer Facebook Group Moderator
Location	Home based
Time commitment	Up to 3 hours a week

Why we need you

We understand having a loved-one diagnosed with PSP or CBD can be an overwhelming, confusing and even isolating experience.

Since we know awareness of the condition is low, families often find themselves searching the internet and chat forums to find answers to the many questions you have, tips for caring for a loved one, and ensuring you also take care of yourself too.

To provide a place for connection, chat and friendship, we are launching two Facebook private groups in spring 2025 to serve active carers and bereaved carers.

We are looking for home-based Volunteer Facebook Group Moderators to help monitor our closed Facebook groups, provide reassurance and signposting to further information and support.

A few hours during the afternoon or evening can help make a real difference to members of the PSP & CBD community.

What's involved?

- Volunteering three hours a week to monitor our Facebook groups between the hours of 3pm and 9pm. The three hours can be volunteered in one chunk (i.e. 4pm to 7pm) or broken up (i.e. 3.30pm to 5pm and 7pm to 8.30pm)
- Be part of a team of volunteers working to a Rota to cover the Facebook groups between Monday and Friday
- We anticipate needing two volunteers on a Monday, for three hours each, and then one volunteer Tuesday to Friday, for three hours each day
- Approving posts and checking comments, seeking opportunities to respond and engage group members
- Signposting group members to relevant discussion streams
Actively seeking opportunities to signpost group members to PSPA information or support
- Linking members to useful external organisations

- Learn and develop valuable teamwork and people skills
- Make a difference to people living with PSP & CBD and their families.

What skills do I need?

- Knowledge of Facebook and the use of Facebook groups
- Able to communicate sensitively with individuals from a wide range of backgrounds
- Understanding of terminal illness and caring roles within families
- Effective communicator
- Reliable
- Understanding of dealing with sensitive and confidential information
- Approved DBS check
- Access to a laptop or desktop computer
- Access to the internet and use of Facebook or willingness to set up a PSPA profile is essential.

Rewards of becoming a Volunteer Facebook Group Moderator

- Increase your knowledge and understanding of PSP & CBD and the work of PSPA
- Expand your knowledge of social media and community building
- An opportunity for self-development
- Learn and develop valuable teamwork and people skills
- Make a difference to people living with PSP & CBD and their families.

Volunteer training

We offer a comprehensive learning package that can be completed in your own time and covers all aspects of the role.

The learning package consistent of a

- Facebook Group Guide
- Facebook Group Process
- Social Media Policy
- PSPA Publications (such as The Carer's Guide to PSP & CBD)
- Volunteering workbook
- An online Safeguarding training module
- An online Data Protection training module

An online training session one evening completes the process. This will also be an opportunity for you to meet and get to know other Volunteer Facebook Book Group Moderators as well members of staff and increase your understanding of the wider work of PSPA.

Regular online catch ups with other Volunteer Facebook Group Moderators will be available for you to attend too.

Interested?

For more information or if you have any questions or queries regarding this role please contact the volunteering team on 01327 356137 or volunteering@pspassociation.org.uk

We would love to hear from you!