

STARTS **PSPHERE**

Volunteer E-News July 2019

I hope you are all managing to enjoy the lovely summer we are having.

It is now 5 months since I started my new role with the promise of contacting you all to have a catch-up. We now have over 100 volunteers and I think I have probably caught up with around half of you. Apologies if you are one of those I have not yet contacted and I will be making a concerted effort over the next two weeks to call those of you who are still patiently waiting.

Those of you who I have contacted/met up with have certainly been, for me, inspiring. You all put so much into your volunteering role and are so passionate about supporting people with PSP & CBD. The saying goes “if you want something done ask a busy person” and that is so true with our volunteers. Some of you are juggling a caring role with volunteering, some of you hold more than one volunteering role, others fit it in around working and others have many extra commitments but still volunteer for us. PSPA is so

grateful for the time you give to us. We really couldn't do what we do without all of you. Keep up the good work and I will be in touch soon.

Save the date!

Our next Family and Friends Day is planned for Saturday 28 September 2019 in Newport, South Wales. Please could you spread the word at your groups etc. More information is available on our [website](#).

Will you help mark this special anniversary year?



This year is a very special year for our charity, as we mark 25 years of PSPA.

Driven by his own devastating experience of watching his wife die from PSP, Michael Koe set up a charity from his kitchen table with the single goal of helping others affected by the disease.

Michael Koe's work continues thanks to the thousands of people who have also seen their lives changed forever following a diagnosis of PSP or CBD.

To mark this special event we have produced a party pack with helpful tips etc. to encourage our volunteers to hold a tea party to celebrate 25 years. Hosting a party could be a great way to reach out to new members, or re-engage with previous group members. If you would like to host a party please contact our fundraising team at fundraising@pspassociation.org.uk and we will send you a party pack complete with balloons, flags and cake toppers.

If you hold a party please send your photos and some words about the day to info@pspassociation.org.uk as we would love to either feature it in a future edition of PSPA Matters or on our social media platforms.

We need your stamps!



Please collect used postage stamps and turn them into cash to support our vital work. Stamps can be British or foreign, used or mint, on or off the paper.

Please send your used stamps with appropriate postage direct to:

PSPA
Margaret Powell House
415a Midsummer Boulevard
Milton Keynes
MK9 3BN

Thank you for your continued support. We will one day, beat PSP & CBD.



PSPA is the only national charity in the UK supporting families affected by PSP and CBD, while funding research to into treatments and a cure. Charity number England and Wales 1037087/ Scotland SCO41199.

