

Volunteering E-News June 2019



This week is Volunteers Week and PSPA would like to say a massive thank you to all of our wonderful volunteers. Over the past year, you have given 1,000's of hours of your time to support our work. From fundraising to governance to making sure no one has to face PSP or CBD alone; we couldn't have done it without you. Your dedication, enthusiasm and continued support is incredible. Thank you to every single one of you. You are all amazing.

To celebrate your contribution to PSPA we are planning a day in October for all our volunteers to get together and share ideas, views, experiences and celebrate your achievements. More details of the day will follow over the next couple of weeks. As you know I am currently getting in contact with all of you on a one to one basis, those of you I haven't yet been in touch with, I will be contacting you over the next couple of weeks. I can then explain the day in more detail.

New Volunteers

Welcome to Val Wallace who has set up a new group in Macclesfield. Barbara Brown who is about to set up a group in Wisbech and although not a new volunteer, Denise Hunt one of our Education Volunteers is looking at setting up a group in Frome, Somerset. We would also like to welcome Helen Rodier who has joined as one of our micro-volunteers and Christina Wigg, Education Volunteer in the North East of England and Nathalie Fyfe, Community Outreach Worker for the same area.

New Helpline Care Navigators

We now have two new Helpline Care Navigators, Cathy Moughton and Debra Ruddock who will be contacting you very soon to introduce themselves.

PSPA Website

To coincide with the Volunteer's Week we have given the volunteering pages on the website a new look. They are now all showing our lovely new brand and you will also see a couple of new volunteering roles as well as some new volunteer stories. If you have any friends or family members that may be interested in volunteering please direct them to the [website](#). Whether it's minutes or months, hours or days, we have roles to suit everyone.

Volunteer Hub

Some of you may not know that we have a 'volunteer hub' on our website. The hub was set up to support you with your volunteering role enabling you to download forms etc. We have now added lots of new things to the hub so as well as being able to download forms and read our volunteering policies, you can now see what other groups are doing by visiting their Facebook pages or reading their newsletters. The hub is still under review so please bear with us as we populate the section with exciting information. If your group sends out a newsletter and you would like to share it on the page

please send it to volunteering@pspassociation.org.uk and we will put it on for you. The same applies to those who have a Facebook page. Please share your details and we can add it to the Facebook section.

Closed Volunteering Facebook Group

Again, this may be something some of you were not aware of. This closed Facebook page is just for PSPA volunteers to share information, experiences, support and ideas with other PSPA volunteers. It is a great place to post photographs of what your group gets up to and share your fundraising ideas. The page is moderated by nominated PSPA volunteers and staff members. If you want to access the volunteer facebook page, please contact volunteering@pspassociation.org.uk

If you are unsure what you can and can't post on any of PSPA's social media sites please see our new [policies](#).

I am hoping that over the coming weeks PSPA staff will be contacting you to ask for a date to come along to one of your group meetings.

With best wishes,

Carol



PSPA is the only national charity in the UK supporting families affected by PSP and CBD, while funding research to into treatments and a cure. Charity number England and Wales 1037087/ Scotland SCO41199.

