

# TURNING YOUR EXPERIENCE INTO ACTION – WHAT WE ACHIEVED IN 2019/20


Every day, the devastating nature of PSP & CBD is matched by the amazing courage and commitment of our volunteers and supporters – the majority of whom have been personally affected by PSP & CBD.

Last year thousands of you volunteered, donated, ran, baked cakes and jumped out of planes raising an incredible £1.26m to support our vital work.

That funding enabled us to develop our information, significantly grow our volunteer support and invest in ground-breaking research.

## IT IS THANKS TO YOU THAT WE WERE ABLE TO:

Raise **£1.26m** to support people affected by PSP & CBD and invest in research.



Invest **£124,000** in research.



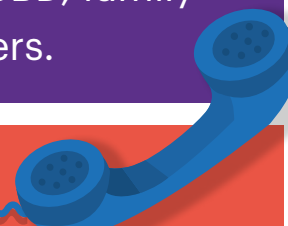
Support **5,300** people living with PSP & CBD, family members and carers.



Increase our numbers of volunteers by **50%**



Respond to **5,500** phone and email enquiries to our helpline.



Host **1,000** members on Health Unlocked, our free online forum.



Educate **1,400** health and social care professionals.

Our **PSP & CBD** community gets stronger every year, and, in turn enables us to be stronger in the fight against both devastating conditions. This year we have ambitious plans in place including the launch of our small grants service (page 26), new research strategy (page 12) and the expansion of our volunteer support service. These activities will be alongside our work furthering research into PSP & CBD, providing people living with PSP & CBD the very best information, expanding our Local Group Network and recruiting more volunteers and supporters to our community.