

All about me

Helping staff to support me in an unfamiliar environment

I have Progressive Supranuclear Palsy (PSP)/Cortico Basal Degeneration (CBD) - *please delete as appropriate. The symptoms of PSP and CBD vary from person to person so please take the time to read the following information, which is all about how PSP/CBD affects me. This will help you to care for my specific needs and preferences for the duration of my stay with you.

Name:

Address:

Telephone:

Date of birth:

Next of kin:

Main carer:

Address (if different):

Telephone (if different):

GP Name:

GP address:

GP telephone number:

For more information on PSP/CBD contact the
PSP Association Helpline and Information Advisory Service

Telephone: 0300 0110 122

Email: helpline@pspassociation.org.uk

How PSP/CBD affects me...

My eyesight:

My cognition and mood:

The best way we can communicate is:

My mobility:

My sleep:

My personal care:

My eating and drinking:

My medication:

Other notes about me:

PSP and CBD do not always affect intellect but do cause speech and communication problems. Even if I can't always respond verbally, I can understand what is being said so please include me in all discussions and conversations. My main carer would like to be involved at all times too.

People involved in my care in addition to my GP are:

Name:

Role:

Contact:

_____	_____	_____
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- **This leaflet is designed for YOU.**
- **Fill in all of the details and give it to any health professional involved in your care so they understand more about you and your condition.**
- **Keep it updated as symptoms change.**
- **Use the guidance notes provided to help you to complete the form.**

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